Guidance for Travellers under Treatment Carrying Personal Medications Containing Narcotic Drugs/Psychotropic Substances into/out of Thailand

This guidance issued by Narcotics Control Division, Food and Drug Administration, provides travellers under treatment with current regulations on carrying personal medications containing narcotic drugs of Category 2 or psychotropic substances of Category 2, 3, 4.

Medications carrying into/out of Thailand may be subject to respective import and export controls.

Import and export of narcotics and/or psychotropic substances are general prohibited. The travellers under treatment who need to carry medications containing narcotic drugs and/or psychotropic substances must follow the regulations strictly.

Except the medications containing narcotic drugs of Category 2 under The Narcotics Act B.E. 2522 (1979) or psychotropic substances of Category 2, 3, 4 under The Psychotropic Substances Act B.E. 2518 (1975), the importation/exportation into/out of Thailand is prohibited.

1. Carrying Personal Medications into Thailand

1.A Medications containing narcotic drugs of category 2

Ministry of Public Health issued a ministerial regulation B.E. 2552 (2009) under The Narcotics Act B.E. 2522 (1979), amended by the Narcotics Act B.E. 2545 (2002). It was effective on September 29, 2009. According to the new regulation, travellers under treatment can carry medications containing narcotic drugs of Category 2 for personal treatment with **the quantity of not exceeding 30 days of usage** and must follow the regulations strictly.

Travellers are required to obtain a permit (Form IC-2), issued by Food and Drug Administration, before your travel to Thailand.

The quantity of the medications must not exceed 30 days of usage.

To apply for the permit, please download the <u>application form (Form IC-1) and supplementary</u> and submit the completed form with medical prescription and the certificate at least two weeks before your arrival date by :

Fax to: 66 2591 8471 or

Email to: narcotic@fda.moph.go.th or

Mail to:

Narcotics Control Division

Food and Drug Administration

Ministry of Public Health

Nonthaburi 11000, THAILAND

[In case of Fax and Email, the original form should still be sent by surface mail]

The following documents should be submitted together:

- 1.1 Application form (Form IC-1)
- 1.2 The medical prescription by the patient's doctor who provided medical treatment indicated :-
 - the name and address of the patient,
 - the identified medical condition,
 - the name and the necessity of medical preparations for his/her treatment,
 - the posology and total amount of medical preparations prescribed,
 - the name, address and licence number of the prescribing doctor.
- 1.3 Certificate issued by the competent authority of the country of departure to confirm the patient's legal authority to carry medical preparations for personal use. [see <u>Appendix A.</u> Model Form of a Certificate for the Carrying by Travellers under Treatment of Medical Preparations Containing Narcotic Drugs and/or Psychotropic Substances]

Examples of narcotic drugs of Category 2 according to The Narcotics Act B.E. 2552 (1979), which controlled under The Single convention on Narcotic Drugs, 1961:

Codeine, Dextropropoxyphene, Dihydrocodeine, Fentanyl, Hydrocodone,
Hydromorphone, Methadone, Morphine, Oxycodone, Pethidine.

1.B Medications containing psychotropic substances of category 2, 3, 4

According to The Psychotropic Substances Act B.E. 2518 (1975), travellers under treatment can carry medications containing psychotropic substances of Category 2, 3, 4 for personal treatment with **the quantity of not exceeding 30 days of usage** and with a certificate/medical prescription of the physician.

The certificate/medical prescription of the physician should indicate:

- the name and address of the patient,
- ♦ the identified medical condition,

- the name and the necessity of medical preparations for his/her treatment,
- the posology and total amount of medical preparations prescribed,
- the name, address and licence number of the prescribing doctor.

The quantity of the medications must not exceed 30 days of usage.

Examples of psychotropic substances of Category 2, 3, 4 according to Psychotropic Substances Act B.E. 2518 (1975) :

Category 2 : Buprenorphine, Methylphenidate, Midazolam, Nitrazepam, Phentermine, Temazepam, Triazolam, Zolpidem.

Category 3: Pentazocine.

Category 4: Alprazolam, Bromazepam, Chlordiazepoxide, Clonazepam,
Clorazepate, Diazepam, Oxazepam, Lorazepam, Phenobarbital.

2. Carrying Personal Medications out of Thailand

2.A Medications containing narcotic drugs of category 2

Ministry of Public Health issued a ministerial regulation B.E. 2552 (2009) under The Narcotics Act B.E. 2522 (1979), amended by the Narcotics Act B.E. 2545 (2002). It was effective on September 29, 2009. According to the new regulation, travellers under treatment can carry medications containing narcotic drugs of Category 2 for personal treatment with **the quantity of not exceeding 30 days of usage** and must follow the regulations strictly.

Travellers are required to obtain a permit (Form OC-2), issued by Food and Drug Administration, before your travel out of Thailand.

The quantity of the medications must not exceed 30 days of usage.

To apply for the permit, please download the <u>application form (Form OC-1) and supplementary</u> and submit the completed form with medical prescription at least two weeks before your arrival date by :

Fax to: 66 2591 8471 or

Email to: narcotic@fda.moph.go.th or

Mail to:

Narcotics Control Division

Food and Drug Administration

Ministry of Public Health

Nonthaburi 11000, THAILAND

[In case of Fax and Email, the original form should still be sent by surface mail]

The following documents should be submitted together:

- 2.1 Application form (Form OC-1)
- 2.2 The copy of medical prescription by the patient's doctor who provided medical treatment indicated :-
 - the name and address of the patient,
 - the identified medical condition,
 - the name and the necessity of medical preparations for his/her treatment,
 - the posology and total amount of medical preparations prescribed,
 - the name, address and licence number of the prescribing doctor.

Examples of narcotic drugs of Category 2 according to The Narcotics Act B.E. 2552 (1979), which controlled under The Single convention on Narcotic Drugs, 1961: Codeine, Dextropropoxyphene, Dihydrocodeine, Fentanyl, Hydrocodone, Hydromorphone, Methadone, Morphine, Oxycodone, Pethidine.

2.B Medications containing psychotropic substances of category 2, 3, 4

According to The Psychotropic Substances Act B.E. 2518 (1975), travellers under treatment can carry medications containing psychotropic substances of Category 2, 3, 4 for personal treatment with **the quantity of not exceeding 30 days of usage** and with a certificate/medical prescription of the physician.

The certificate/medical prescription of the physician should indicate:

- the name and address of the patient,
- ♦ the identified medical condition,
- the name and the necessity of medical preparations for his/her treatment,
- the posology and total amount of medical preparations prescribed,
- the name, address and licence number of the prescribing doctor.

The quantity of the medications must not exceed 30 days of usage.

Examples of psychotropic substances of Category 2, 3, 4 according to Psychotropic Substances Act B.E. 2518 (1975) :

- Category 2: Buprenorphine, Flunitrazepam, Methylphenidate, Midazolam, Nitrazepam, Phentermine, Temazepam, Triazolam, Zolpidem.
- Category 3: Pentazocine, Pentobarbital.
- Category 4: Alprazolam, Bromazepam, Chlordiazepoxide, Clonazepam, Clorazepate, Diazepam, Oxazepam, Lorazepam, Phenobarbital.

3. Prohibited Medications Containing Narcotic Drugs/ Psychotropic Substances in Thailand

Except the medications containing narcotic drugs of Category 2 under The Narcotics Act B.E. 2522 (1979) or psychotropic substances of Category 2, 3, 4 under The Psychotropic Substances Act B.E. 2518 (1975) described above, the importation/exportation into/out of Thailand is prohibited.

Examples of the medications that the travellers can not carry into/out of Thailand : Narcotic drugs :

Narcotic drugs of Category 1 under The Narcotics Act B.E. 2522 (1979) e.g. Amphetamine, Dexamphetamine, Cannabis etc. These are prohibited and no medical use in Thailand.

Psychotropic substances:

Psychotropic substances of Category 1 under The Psychotropic Substances Act B.E. 2518 (1975) e.g. Cathinone, THC. These are prohibited and no medical use in Thailand.

4. Advice for Travellers

- ◆ You are required to declare the medications you are carrying into/out of Thailand. Please have all medications and documents ready with you for inspection,
 - Entry to Thailand: you need to present at the Red Channel
 - Exit from Thailand: you need to present at the Customs VAT Refund.

The documents should be kept with you throughout your stay in Thailand.

- ◆ The medications should be kept in the original prescription bottles with the contents clearly marked.
- ♦ Not to sell or supply your medications to anyone.
- Please do not assume that the medications which are legal in foreign countries are also approved for use in Thailand. These products may be illegal in Thailand. In case of your medications are prohibited to import to Thailand, consult your doctor.
- As requirements may change, you should check requirements for the importation/exportation of medications prior to each visit.

5. For more information

The information here is a general guidance for travellers carrying personal medications containing narcotic drugs or psychotropic substances.

If you have any questions, Please email your enquiry to Narcotics Control Division, Food and Drug Administration or contact us as follows:

Email to: narcotic@fda.moph.go.th

Fax to: 66 2591 8471 or

Telephone: 66 2590 7338, 66 2590 7314